

Feature tracks and trails

These trails and tracks are multi-use two-way farm tracks, shared by walkers, mountain bikers, horse riders, park vehicles, sheep and cattle. For your safety keep to the left and be aware of other users.

Oruawharo River Trail

2.5–3 hours return, 7.8km

This loop trail can be walked or biked in both directions. Note most of the trail is shared with horse riders. It allows you to explore the whole park and provides great views of the park, the Kaipara Harbour and plentiful picnic spots. The trail can be extended by taking the side trail to Tree Point.

Reservoir Walk

1.5–2 hours return, 5km

This pleasant loop starts from the car park, passing the pou kaitiaki, and turns off below the pā passing the reservoir, a great spot for picnicking and bird watching. From the reservoir return via the Clearfell Track.

Kauri Point Track

1 - 1.5 hours return, 3.7Km

A multi-use track that loops around Kauri Point. Fitted with mountain bike/buggy ramps around the whole loop.

Ti Tree Point Trail

20 minutes one way, 1km

A short side trail leads out to Ti Tree Point from the intersection with the Oruawharo River Trail. It provides great views of the Oweka Tapu pou, Solomon's Bay and Atiu Creek inlet. The park opening plaque can be found here.

Clearfell Track

45 minutes one way, 1.8km

This track connects points on the Oruawharo River Trail offering alternative loop options.

Horse riding tracks

Tracks start from the horse-float parking off Run Road, 600m past the main park entrance. With 15km of shared tracks, riders can enjoy a variety of easy and challenging rides. Riders are free to ride in any of the farm paddocks the horse riding tracks go through. Riders require a horse riding pass.

Mountain bikes - one way tracks only

Pump Track 500 metres return

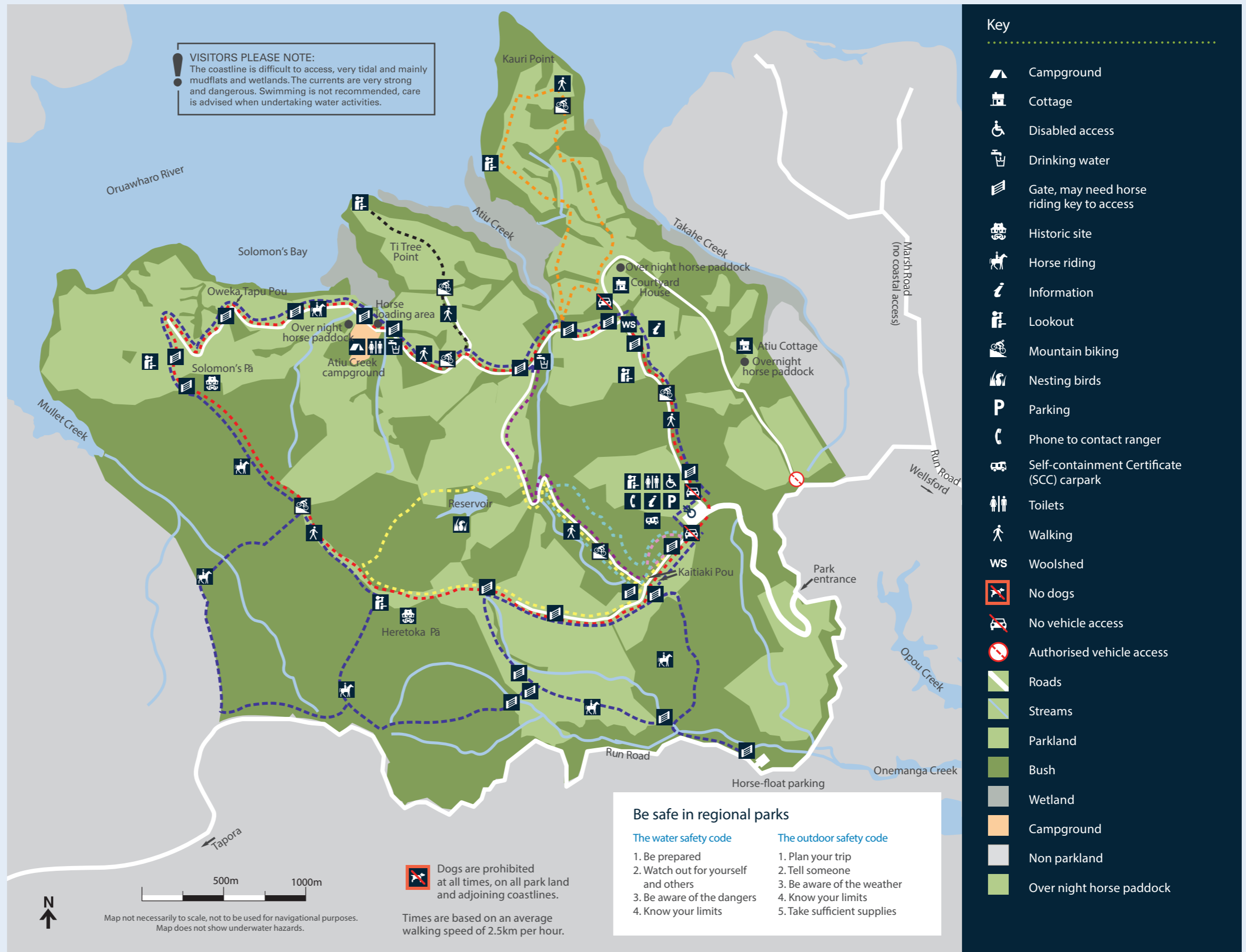
Down Hill 1km

Nestled through the pine forest there are two new mountain bike tracks, both start from the car park just past the toilet block. A learners/family Pump Track that returns to the start, and the other following the Pump Track for a while and then turning off on to a medium grade, down hill track to the bottom of the valley, returning via the Clearfell Track, or go on to any number of tracks or trail loops with different challenge levels. Take note of any track or seasonal restrictions.

No mountain bikes or horses on Heretoka Pā

Orienteering

Explore the park with the challenge of finding control points along the way. Grab an orienteering brochure from the notice board. Please stay out of restricted areas.



Ranger recommendations

Tips on how to make the most of your visit to Atiu Creek Regional Park.

If you have two hours...

Find your way to the Heretoka Pā site, enjoying the fantastic views along the way. Try heading to the reservoir for a spot of tranquil bird watching or wander down to the woolshed.

If you have half a day...

Don't miss the chance to head out to see the Oweka Tapu pou in its beautiful surrounds overlooking Solomon's Bay. Take in more fabulous views of the Kaipara Harbour by extending your route and taking the side trail to Ti Tree Point. Or grab an orienteering map from the notice board and challenge yourself to find as many controls as you can.

If you have a full day...

Explore the park at your leisure on foot, by bike or horse. Pack a picnic and find the perfect spot to relax, enjoy and escape. There are plenty of track and trail choices that can be combined to provide a full day adventure.