

Feature tracks and trails

Mita Bay Loop Track ---

2 hours return, 2.5km

Follow the blue markers starting at Sullivan's Bay car park and take your time on the steep climb up to Tungutu Point where stunning views of the Hauraki Gulf islands and Coromandel await you. Take the short cut and return via the road or carry on to Mita Bay and follow the track through the native bush before returning along the road to Sullivan's Bay.

Cudlip Point Loop Track ---

2 hours return, 3km

Follow the red markers from the southern end of the main car park. This easy, but often windswept track is great for an evening or winter walk to blow away the cobwebs. The track leads across open pastures up to Cudlip Point and down to the foreshore where birds roost on the rocks and small shelly beaches, and gather food from the mud flats at low tide. Follow the track around the foreshore and return via the farm track to the car park.

Te Muri Track ---

3 hours return, 3km

Access at low tide only across the Te Muri Estuary.

From the upper car park, at the park entrance, follow the park track down to Te Muri Beach Estuary. Having crossed the estuary you'll pass the historic cemetery, the beach and the walk will be yours to enjoy away from the crowds.

Other tracks ---

Dogs

 Dogs are allowed:

Mahurangi West: Cudlip Point Loop Track Dogs allowed all year and must be on a leash at all times
Mita Bay: Dogs are allowed at all times on the beach only and the coastal area/beach around to Opahi Bay. Dogs can only access Mita Bay by boat, or by foot from Opahi bay (which is outside the park). Dogs must be on a leash at all times.

Scott Point land and beaches: All other times dogs are allowed and must be on leash.

 No dogs are allowed:

Mahurangi West: Sullivan's Bay and Te Muri parkland and beaches: No dogs at all times. Includes dogs in vehicles.
Mita Bay: No dogs in the campground or on parkland.

Scott Point land and beaches: No dogs allowed between 9am and 7pm from the first Sunday in October to the third Sunday in March.

Mahurangi East: Land and beaches No dogs at all times.



Key

-  Baches
-  Bird colony
-  Boat fishing
-  Camping
-  Disabled access
-  Fishing from rocks
-  Historic site
-  Information
-  Kayaking
-  Lookout
-  Parking
-  Phone to contact ranger
-  Self-containment Certificate (SCC) campground
-  Swimming
-  Toilets
-  No swimming
-  No vehicle access
-  Authorised vehicle access
-  Roads
-  Campground
-  Cliffs
-  Streams
-  Parkland
-  Bush
-  Sand
-  Non-parkland

Ranger recommendations

Tips on how to make the most of your visit to Mahurangi Regional Park

If you have two hours...

Check out the harbour views from the park's best lookout point at Tungutu Point and you will have time for a swim at Sullivan's Bay. If you're there at low tide, take the walk across to tiny Pudding Island.

If you have half a day...

At Mahurangi West half a day will give you the chance to get away from the crowds and head to either Mita Bay or Te Muri Beach to swim, explore and enjoy the sense of escape.

On the other side of the harbour, Scott Point is a great setting for a picnic or special event and at low tide you can walk across to the Maunganui (Casnell Island) Department of Conservation reserve.

If you have a full day...

Exploring the sheltered Mahurangi Harbour by boat or kayak is a fabulous way to while away a day and is the only way to enjoy the remote beaches of Mahurangi East.

Be safe in regional parks

The water safety code

1. Be prepared
2. Watch out for yourself and others
3. Be aware of the dangers
4. Know your limits

The outdoor safety code

1. Plan your trip
2. Tell someone
3. Be aware of the weather
4. Know your limits
5. Take sufficient supplies