

Feature tracks and trails

Maungatauhoro Te Hikoi - - -

1.5 hours return, 2.9km

A journey through Maungatauhoro. This is a loop track that begins at the pou whenua (carving) near Couldrey House and includes part of the Perimeter Track and the Couldrey House Track and goes through to the forested headland. This walk offers stunning views and you may get a chance to see native birds.

Te Akeake Walk - - -

30 minutes return, 1.8km

This walk to the Pūhoi River mouth is not sign posted. From the car park, walk to the beach, head north and enjoy the scenery. Te Akeake is the area at the end of the sandspit headland. You can then walk back along the riverbank to the car park.

Couldrey House Lookout - - -

15 minutes one-way, 0.6km

To reach the Couldrey House Lookout, follow the Couldrey House Track from the pou whenua (carving). The climb to the lookout is reasonably steep but the track is well maintained. The views of Pūhoi Estuary and Couldrey House are well worth the short climb.

Perimeter Track - - -

2.5 hours return, 4.6km

This is a loop track that begins at the pouwhenua (carving) and takes you right around Maungatauhoro through areas rich in Māori history and beautiful forest. After the climb to the top of Maungatauhoro, this track descends to Kokoru Bay on the Waiwera estuary. It continues through regenerating bush near the park entrance. Be prepared for varied track quality with some steep parts and an unformed track on the Waiwera estuary side.

Te Araroa – New Zealand's Trail - - -

20–30 minutes one way, 2.2km

Te Araroa – New Zealand's Trail is a 3000km trail that links tramping and walking tracks from Cape Reinga in the north to Bluff in the south. It connects with Whangaparāoa and the East Coast Bays at Long Bay. For more information visit teararoa.org.nz

Pūhoi Track - - -

Other tracks - - -



Be safe in regional parks

The water safety code

1. Be prepared
2. Watch out for yourself and others
3. Be aware of the dangers
4. Know your limits

The outdoor safety code

1. Plan your trip
2. Tell someone
3. Be aware of the weather
4. Know your limits
5. Take sufficient supplies

Key

- Bird colony
- Boat launch area
- Bus stop
- Camping
- Changing room
- Disabled access
- Historic site
- Information
- Information office/Ranger station
- Kayaking
- Lookout
- Parking
- Phone to contact ranger
- Picnic information
- Self-containment Certificate (SCC) campground
- Swimming
- Toilets
- Walking
- No biking
- No swimming
- No vehicle access
- Authorised vehicle access
- No dogs
- Cliffs
- Streams
- Roads
- Bookable activity site
- Parkland
- Bush
- Wetland
- Sand
- Non parkland

Ranger recommendations

Tips on how to make the most of your visit to Wenderholm Regional Park.

If you have two hours...

Check out the grounds around Couldrey House and the pou whenua nearby, and see how many historic trees you can spot. Take the short walk to the Couldrey House lookout and on your return enjoy a picnic or a swim.

If you have half a day...

Maungatauhoro Te Hikoi is a wonderful walk that varies with the seasons. Take a picnic with you to enjoy while gazing at the wonderful views. Make sure your visit coincides with Couldrey House's opening hours (1-4pm Saturdays and Sundays and every afternoon from Boxing Day to Easter Monday) so you can look through the historic homestead.

If you have a full day...

The park has an all-weather boat ramp, which is suitable for average sized boats approximately three hours each side of high tide. Once you've enjoyed the park itself try exploring the area's waterways – Pūhoi River, Hauraki Gulf and Mahurangi Harbour by boat or kayak. Mahurangi Regional Park is just north of Wenderholm and is easily accessible by sea.